May 2024

SOUTHERN NH AREA HEALTH EDUCATION CENTER BLITZMAIL

Visit our <u>website</u> to see more online learning opportunities





We all know healthcare heroes.

Nomination deadline

May 15, 2024

Who can be nominated?

We welcome nominations for:

- · clinical and nonclinical providers
- administrators
- educators
- facilities
- · custodial and kitchen staff
- others who provide direct or indirect care to patients and families.

When the pandemic hit, we saw those working in healthcare repeatedly go above and beyond the call of duty. Since late 2020, we honored dozens of these individuals as New Hampshire Healthcare Heroes. The effort was so well received that we want to do it again because their stories are powerful and inspirational and may encourage others to consider a career in healthcare. We're asking YOU to nominate an individual in the healthcare field who has gone above and beyond their role this year.

Selection process

The NH Healthcare Heroes board of volunteers will review the nominations and announce the winners and runners-up for each region in the state

What the heroes get

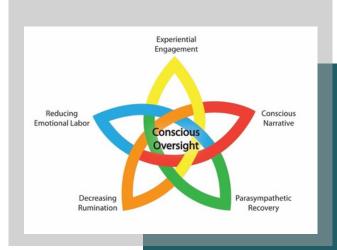
Healthcare Heroes will be honored in a pinning ceremony hosted with each winner's employer and streamed on Facebook Live. Each winner will receive a banner and customized swag bag from our supporters.

Nominate a Healthcare Hero



snhahec.org/healthcare-heroes





Strategies to Address Provider Burnout

THE CE-CERT SKILLS: SUSTAINING A CAREER IN THE HELPING PROFESSIONS

Components for Enhancing Career Experience and Reducing Trauma

WEDNESDAY MAY 29TH, 2024 8:30AM - 4:30PM THE DERRYFIELD RESTAURANT 625 MAMMOTH RD, MANCHESTER, NH 03104



Brian Miller P.H.d

Brian Miller, Ph.D. provides training and consultation on topics of secondary trauma, trauma informed supervision, and implementation processes nationally and internationally. He is an individual member of the National Child Traumatic Stress Network and chaired the NCTSN Secondary Trauma Supervision Workgroup. He is the developer of the CE-CERT model for intervening with secondary trauma in service providers and the Shielding model of trauma-informed supervision, both of which have been published and disseminated across mental health and child welfare systems. His book, Reducing Secondary Traumatic Stress: Skills for Sustaining a Career in the Helping Professions was published in 2022 and is scheduled for a second edition in 2024.

REGISTER HERE

Fee: \$189

For scholarship information email Nadine at ntheberge@snhahec.org

Compassion Fatigue. Burnout. Vicarious Trauma. Secondary Trauma. Terms that overlap and are different in some ways. But all these concepts have one thing in common: they describe the emotional toll that is exacted upon workers in the human services who deal intensively and empathically with persons who are in engaged in an emotional personal struggle. It is a privilege to work in a profession in which caring about those who suffer is the main tool of our work. But caring also takes a toll. Being close to ground zero when people struggle affects the emotional life of those of us who care.

CE-CERT (Components for Enhancing Career Experience and Reducing Trauma) is a suite of skills to support emotional well-being in workers who are exposed to the effects of secondary trauma. But--as in Star Trek, "survival is insufficient."

Ultimately, the goal of CE-CERT is not merely to survive this work: Rather, the goal is to have a vocation that is uniquely and deeply satisfying.

Learning Objectives:

- Identify the Components for Enhancing Career Experience and Reducing Trauma
- Discuss strategies to address provider burnout
- Reflect on the relationship of each of the five skill domains to an individual's own sense of well-being during times of job strain or secondary trauma

TARGET AUDIENCE:

CLINICIANS OF ALL DISCIPLINES, CASE MANAGERS, COMMUNITY HEALTH WORKERS, ADMINISTRATORS AND OTHER MEMBERS OF THE TEAM.

CONTINUING EDUCATION

Nurses

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 5.25 contact hours Activity Number: 1565

Physicians

The Southern NH Area Health Education Center is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 5.25 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Workers

5.25 CEUs pending approval from NASW NH.

Other Professionals

5.25 CEs for all others professionals.

Motivational Interviewing:

A CONVERSATION ABOUT **CHANGE**



What is it?

Motivational Interviewing (MI) is a very specific way of having a conversation about change. The process of Motivational Interviewing discovers each person's values and interests. It is designed to decrease barriers and increase readiness to make a change. It provides concrete, person-focused tools that help to address ambivalence and engagement both on an individual level and at a group level.

These interactive training sessions will help you learn how to bring awareness to individuals about the discrepancy between their current behavior and their future goals. You will learn how to assist them to make meaningful healthy lifestyle changes.

Learning Objectives:

After this session, participants will be able to:

- •Describe active listening and its impact on the behavior change
- •Explain the MI spirit, four processes and mind-set that guide MI conversations
- •Discuss discord and how it impacts the relationship
- •Identify how to effectively provide information and suggestions
- •Demonstrate the use of one of more of the micro skills
- •Describe sustain talk, change talk and commitment language

Practice exercises

Cost: \$45

For questions please contact: Brianna Ferraro @ bferraro@snhahec.org

Target Audience

School nurses, nurses, nurse practitioners, pediatricians, family practice physicians, physician assistants, nurse educators, medical assistants, and behavioral health professionals.



Register Here

5/30/24 & 6/6/24

9:00am-12:00pm

Live Training via Zoom

Space is limited. The use of video and audio and attendance to both sessions is required in order to receive credit.

Lisa Stockwell, MEd

Certified Trainer the Trainer and Life Coach. Motivational Interviewing Trainer and member of **MINT**

Continuing Education

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

5.5 contact hours. Activity Number: 1388

The Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work:

This program has been approved for 5.5 Category A Continuing Education Credits by the National Association of Social Workers, NH Chapter. CE #3828

For other professionals:

5.5 professional hours of continuing education

BUILDING THE EQUITY TOOLBOX: A Culturally Effective Organizations Training Series 2024

May 15, 12:00-1:30 pm

Seeking the Why: Equity, Evaluation and the Questions that Matter

Evaluation is a key tool for monitoring and improving services across many sectors. When done well, evaluation can provide insight into how systems and programs and programs are working and if they are working equitably. In this session, learn more about the historical application of evaluation tools as well as how to best utilize and frame evaluation to be a tool for driving equity.

Continuing Education

Nurses

Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Up to 1.5 contact hours,. Activity Number: 1545

Physicians

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Workers

Up to 1.5 CEUs pending approval from NASW NH.

- For all other health professionals: 1.5 hours
- For all other participants

A certificate of attendance for up to 1.5 hours will be available to serve your professional development needs.

BUILDING THE EQUITY TOOLBOX:

New Hampshire Equity Collective

A Culturally Effective Organizations Training Series

Offered at low cost –Scholarships available

Series Learning Objectives:

By participating in this series participants will be able to:

- •Implement elements of the Culturally Effective Organizations Framework
- •Identify and make use of resources for deeper understanding and action
- •Advance equity within their own organizations

Series Learning Outcome:

•80% of participants will identify an action they will take as a result of this training



CLICK THE LINK BELOW TO REGISTER:

Seeking the Why: Equity, Evaluation and the Questions that Matter

SOUTHERN NH AHEC PRESENTS

A CHWS CONNECT EVENT



CHW's are invited to join us for a discussion of the Common Indicator Survey report and engage in a dialogue about next steps. Join us for networking and learning!

Facilitator: Victoria Adewumi

Wednesday, May 22nd

10:00 am-11:30am

25 Sundial Avenue, 130W First Floor, Manchester, NH

CLICK HERETO REGISTER TODAY



https://www.eventbrite.com/e/chws-connect-event tickets-891087074427









This document financed under a Contract with the State of New Hampshire, Department of Health and Human Services, with funds supported by the Centers of Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award by CDC/HHS "NH Initiative to address COVID-19 Health Disparities grant #NH750T000031". The contents are those of the author(s) and do not necessarily represent the official views of nor an endorsement. by CDC/HHS, or the U.S.Government.

Peer Workforce Learning Community ECHO

Target Audience:

All peer support professionals in New Hampshire

Session Dates & Times:

Every other Tuesday 8:30am-10:00am 5/21, 6/4, 6/18, 7/16, 7/30, 8/13

What will you gain?

- Understand the similarities and differences in the role, code of ethics, and professional boundaries in mental health and substance use recovery peer support
 - Discuss safety and crisis
 management, suicide prevention,
 and grief management strategies
 - Engage in real time with the New Hampshire peer workforce

Questions?

Cait McAllister

unh.projectecho@unh.edu

Learn more about Project ECHO!

Contact:

nrainatacha@unh





Click HERE to

register!





Tan Chingfen Graduate School of Nursing

New England Nursing Clinical Faculty and Preceptor Academy

Upcoming Preceptor Webinars

The New England Nursing Preceptor Academy is offering live webinars for nurse preceptors. These webinars are free, online, 60-minutes and offer CE credit. Attendance is monitored and the webinar must be attended in full. At the conclusion of the webinars, a survey will be available and must be completed to qualify for CE credit. Certificates will be emailed to you within 10 business days.

Sensitive Content in the Healthcare Learning Environment

Wednesday, March 20, 2024, from 11:00 – 12:00pm ET Presented by Julie West, DNP, MHA, PMHNP-BC

The webinar will discuss the delivery of sensitive subject material in healthcare education, including the use of trigger or content warnings, review the current research on best strategies to mitigate or manage these reactions and how to help students develop the emotional regulation skills needed to ensure they provide safe and quality care even in the face of emotionally laden events.

Click here to register for Sensitive Content in the Healthcare Learning Environment

Precepting and the Science of Learning

Tuesday, April 9, 2024, from 1:00 – 2:00pm ET Presented by Thomas Van Hoof, MD, EdD, FACMQ

This webinar will describe four evidence-based strategies of the science of learning and describe how applying them while precepting in the clinical setting will help ensure more effective teaching and learning.

Click here to register for Precepting and the Science of Learning

Clinical Performance Remediation: Be Prepared for Those Difficult Conversations

April 25, 2024, from 12:00 – 1:00pm ET Presented by Amanda Moreau, MSN, RN

This webinar will address clinical performance concerns. Using an interactive and engaging approach, the presenter will survey participants to gauge their current practices in their clinical teaching roles when gaps are identified.

Click here to register for Clinical Performance Remediation: Be Prepared for Those Difficult Conversations

Intentional Teaching/Precepting Challenges Part 2

May 7, 2024, from 12:00 – 1:00pm ET

Presented by Danielle Hebert, DNP, MBA, MSN, ANP-BC

This webinar will take a deep dive into effective precepting utilizing available tools to address commonly encountered barriers.

The use of precepting plans will be explored further using case-based methodology.

Click here to register for Intentional Teaching/Precepting Challenges Part 2

Guided Reflective Practice in the Clinical Setting: What you need to know

May 20, 2024, from 12:00 – 1:00pm ET Presented by Barbara O'Neill, PhD, RN

This webinar will define reflective practice in the context of nursing education and provide evidence of its potential to enhance learning and growth, especially in the development of critical thinking skills needed for clinical practice.

Click here to register for Guided Reflective Practice in the Clinical Setting: What you need to know

What does Competency in Nurse Preceptorship look like?

May 29, 2024, from 12:00 - 1:00pm ET

Presented by Barbara O'Neill, PhD, RN and Colleen Ryan, PhD, RN, SFHEA

This webinar will discuss the various preceptor competency domains and how the competency descriptors may help nursing preceptors, and those wishing to work in this role, develop and master these competencies.

Click here to register for What does Competency in Nurse Preceptorship look like?

2024 **PRECEPTOR** RECOGNITION **AWARDS**

Presented by the New Hampshire Area Health Education Center Network







We want to recognize some extraordinary preceptors who are engaging in teaching and learning with our health professions students. We appreciate their contribution to building our health care workforce pipeline and want to honor their hard work.

Preceptors and clinical supervisors help to build the pipeline for the health care workforce here in NH. We are looking to celebrate their commitment to teaching and learning.

Preceptors contribute immensely to the education of our incoming health career workforce, and the experiences and learning that occurs when working with patients and clients in community settings is invaluable for many students.

Nominations are open through June 1st **Click Here for the Nomination Form**



View the 2023 Preceptor Recognition Awards eBook Here







SAVE THE DATE





2024 Infection Prevention Conference

Partnership is the Key

Join colleagues from various disciplines and healthcare settings across NH to:

- Discuss best practices for infection prevention and antibiotic stewardship.
- Receive updates on antimicrobial resistance epidemiology.
- And partner to reduce infections across continuum of care.

Audience:

physicians | pharmacists | nurses | laboratorians | public health professionals | environmental services providers | infection preventionists | veterinary professionals | others interested in infection prevention



SEPT. 13, 2024

8:00am - 4:00pm Grappone Center, Concord NH

This conference is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$436,817 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.











Call for Abstracts

The planning committee for the Infection Prevention Conference is soliciting conference abstract proposals for presentations or panel discussions at the conference being held at The Grappone Center, Concord, NH on September 13, 2024.

Conference Learning Objectives:

- Describe best practices in infection prevention
- Identify current strategies in addressing antimicrobial resistance
- Identify current trends in antimicrobial resistance nationally and in NH

Topic Areas May Include:

- Infection Prevention
- Antimicrobial stewardship
- Antimicrobial resistance
- Healthcare Associated Infections
- Sepsis
- IP for Emergency Medical Technicians and First Responders

- Reporting/Regulatory requirements
- National Health Safety Network
- Creating emergency preparedness plans
- Drug diversion of injectable medications
- One Health
- Antimicrobial resistance in veterinary settings

Who should consider submitting an application?

Infection Preventionists | Quality Improvement Professionals | Epidemiologists | Nurse Practitioners | Educators | Physicians | Public Health Professionals | Policy Makers | Innovators | Researchers | Clinicians/Practitioners | Administrators | Students/Residents | Veterinarians | Pharmacists | Laboratorians







Selection Process:

Applications will be selected by the Conference Planning Committee based on the content of this application and its relevance to the continuing education and professional development needs of attendees. Other criteria for selection includes the desire to have a well-balanced agenda and current topics. Applicants will be notified of their selection and will receive a speaker letter outlining additional information to be submitted to comply with continuing education requirements.

Timeline:

Applications are due by May 7th.

The Conference Planning Committee will review abstracts and notify lead presenters by mid-May.

Use the following checklist as a guide to providing a complete application:

☐ Title of Presentation
☐ Lead presenter/author name and credentials
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $
☐ Short description of presentation (300 word limit)
☐ Learning Objectives (2-3)

Please use the following link to submit your proposal: https://www.surveymonkey.com/r/infectionpreventionconf2024

Once an application is accepted, an educational planning table, biographical information and a conflict of interest form (all presenters) must be submitted to Southern NH AHEC by **May 31, 2024**.

For questions, please contact Brianna Ferraro at <u>bferraro@snhahec.org</u>





UNH TELEHEALTH

CERTIFICATE



Who Should Join?

- Physicians
- Nurses & Nurse Practitioners
- Occupational Therapists
- Speech Language Pathologists
- Physical Therapists
- Registered Dietitians
- Psychologists
- Social workers

....And more!

Core Modules:

- · Fundamentals of Telehealth
- Telehealth Etiquette
- Telehealth Technology

Elective Modules:

- Legal & Regulatory Issues
- · Billing & Reimbursement
- Remote Patient Monitoring

The UNH Telehealth Certificate program covers a range of telehealth topics, and the asynchronous structure lends itself to busy individuals who prefer to complete coursework at their own pace.

MODULES OPEN MARCH 1, 2024





Questions? Contact us at: unh.telehealth@unh.edu



NH Health Equity Summit Achieving Health Equity for All

May 23, 2024 8:00 AM – 3:15 PM Church Landing, Meredith NH

The Health Equity Summit will provide participants with thought provoking presentations, peer learning opportunities, practical strategies and resources to advance health equity in diverse health care settings.

After the summit, participants will be able to:

- Describe the essential components of a roadmap to operationalize health equity as part of their strategic plan.
- Gain confidence in building the culture, shared understanding, and commitment for health equity throughout their organization.
- Review available tools and resources to advance health equity in their organization.
- •Identify strategies and tactics to address social factors of health and health inequities.
- •Bring examples of initiatives aimed at advancing health equity back to their organizations.

Who should attend: Health care staff and providers from administration, health equity and DEI, population health, community health, patient and family engagement, clinical staff.



For more information, agenda and speakers visit:

htps://healthynh.org/events/2024-health-equity-summit or email Beth Gustafson Wheeler: bwheeler@healthynh.org





Keynote

Bridging the Gap: A Strategic Blueprint
for Health Equity

Jermaine Moore

Founder and Principal Consultant
The Mars Hill Group



Afternoon Keynote

Making the Connections

Nancy Myers

VP, Leadership and System Innovation

American Hospital Association

Session Topics

Hospital Experiences in Advancing Health Equity
The Leaders Role in DEI
The Role of Data in Equity: Examining New Frameworks
Identify, Awareness, and Belonging
Building and Leveraging Community Partnerships
Transgender Populations: Communication and Care
Patient Family Engagement Using a Health Equity Lens
Applying a Health Equity Framework to Patient Safety
Events and Root Cause Analysis

Nursing: Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

4.75 contact hours Activity Number: 1555

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and Foundation for Healthy Communities. The Southern NH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for

a maximum of 4.75 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit

commensurate with the extent of their participation in the activity.

Social Workers: This program has been approved for 4.75 Category A Continuing Education Credits by the National Association of Social Workers, NH Chapter. CE #4230

For other professionals: **4.75 professional hours of continuing education**.

For all other participants: A **certificate of attendance for up to 4.75 hours** will be available to serve your professional development needs.

Partner: Supported by the Medicare Rural Hospital Flexibility Program (Flex) Grant





New Hampshire Preceptor Recognition Awards

Please join the NH AHEC Network in recognizing some extraordinary preceptors who are engaging in teaching and learning with our health professions students.

We appreciate their contribution to building our health care workforce pipeline.



Scan the QR code or follow the link to see the full book of awards.

Click Here to View the Full Book

Presented by the

New Hampshire

Area Health Education Center

Network









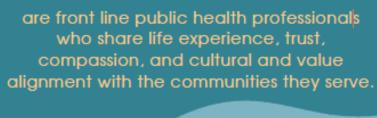
NEW HAMPSHIRE COMMUNITY HEATH WORKER SURVEY

Survey administered by Southern NH Area Health Education Center and the CHW Center for Research and Evaluation Nov-Dec 2023



CHWs

COMMUNITY HEALTH WORKERS





42%





of CHW's work in clinical settings.

58% work in community based
organizations, local health
departments, schools,
insurance providers, and
family resource centers.

CHWs are most likely to provide care coordination, system navigation and advocacy on behalf of individuals and communities.

I really enjoy being a CHW, however I think we need to be appreciated more for the difference we make...**

-CHW Respondent



NH CHWs



often work with people who are experiencing homelessness, people with substance use disorders, or people with disabilities

Community Health Workers

CHW APPRENTICESHIP

CHW ADVANCE! APPRENTICESHIP

CHW Advance! is a HRSA funded program to enhance the CHW Workforce. The CHW Apprenticeship provides the opportunity for increased training and skill-building for CHWs to support improved outcomes for people in our communities.

Eligibility: New and existing employed CHWs in NH.

APPRENTICESHIP ELEMENTS

The CHW Apprenticeship is a one year program that provides:

- 144 Hours of paid training (Related Instruction).
- 2000 Hours on-the-job training
- Mentoring Support
- Regular Competency Assessments
- Up to \$1,500 to cover mileage
- \$7500 Stipend

Contact Carli Hughes, CHW at chughes@snhahec.org
Visit the website: https://www.snhahec.org/chw-advance.html







Community Health Workers



UPSKILLING

INCREASE YOUR SKILLS

CHW Advance! will pay for the training. Pick from a list of our approved trainings or contact us to approve a training of your choice.

CHW ADVANCE!

CHW Advance! is a HRSA funded program to provide training and new skills to CHWs living in NH and VT.

RECIEVE A STIPEND

In addition to CHW Advance! paying for the training, you can receive a \$1000 stipend to support you in your training/upskilling.

TO LEARN MORE AND APPLY:



https://www.snhahec.org/ chw-upskilling.html









Steps for Upskilling:

- 1. Identify a course you would like to take
- 2. Register with CHW Advance! (Click Here)
 - 3. Receive code to register for course
- 4. Complete course & send us your certificate
- 5. Submit required CHW Advance paperwork and receive your stipend
 - 6. Use your new skills to grow your career

TRAINING OPTIONS

- Recovery Coach Academy
- Health Coaching
- Enhanced Care Coordination
- Child, Youth and Family Systems and Behavioral Health
- Diabetes Community Care Coordinator
- Online training series with MCD Global
- Choose your own training!

For more information and to apply please visit our website:

https://www.snhahec.org/chw-upskilling.html





