

# SNHAHEC HEALTH CAREER EXPLORATION

## Health Career Quest: A Focus on Wellness

Trying to decide on a career path or a course of study?

Be a part of the Health Care Workforce Pipeline.

Build the skills needed by social workers, nurses, physicians, psychologists, care coordinators and others

What will I be doing during the week?

- Engage in career planning activities &
- Learn about employment options
- Obtain certification in Youth Mental Health First Aid
- Build skills in cultural competency, motivational interviewing and peer counseling
- Learn the fundamentals of confidentiality, wellness and ethics
- See some professionals in action – Art Therapy and Equine Therapy

## July 22-26, 2019

Manchester Community  
College

8:30am to 4:30pm

For Students ages 16 through 21

Click [here](#) to register

Daily bus transportation will be available to & from Central, Memorial, and West high schools.



Your participation in this career exploration program may be eligible to earn ELO credit!

If interested in learning more, please contact Nitanga Jean De Dieu at [nitanga@snhahec.org](mailto:nitanga@snhahec.org) or 603-244-7360

Institute on Disability/UCED



*NH Office of Health Equity*