

Southern NH AHEC Community Health Worker Course

7 day-8 hour class ■ Manchester Health Department

1528 Elm Street, Manchester, NH

June 5, 12, 19, 26, July 10, 17, and 24, 2017

9:00am-4:30pm

**Registration
Deadline:
May 19, 2017**

As a nation and a state, we are struggling to address the transformation of the health care system as we move to a model of team based care. One strategy that other states have used to engage communities and assist with navigating services is to promote the Community Health Worker (CHW) model. Train to become a CHW in New Hampshire and incorporate your new knowledge into team based care opportunities offered in hospitals, medical practices, community health centers and social service settings.

Target Audience

There are a variety of roles and numerous titles that fall under the CHW umbrella: Outreach Worker, Lay Health Advisor, Health Promoter, Patient Advocate, community health advisor, family advocate, liaison, peer counselor, patient navigator, health interpreter and public health aide. Those listed and more are welcome to attend!

Cost: \$1,200.00-includes curriculum, lunch, and training materials

Curriculum

*curriculum is subject to change due to speaker availability

DAY 1:

Service Coordination Skills and Conduct

Learn outreach methods and strategies, care coordination, system navigation, professional skills and conduct.

Organization Skills and Time Management

Learn professional skills such as organization and time management to help you interact with community members and other health care resources within your community.

DAY 2:

. Insurance Options and the Marketplace, CHW Code of Ethics, Culture and Cultural Effectiveness

Discuss options for people who are uninsured and underinsured and identify resources to get them the information they need to navigate the health care system. This includes access to the Health Care Marketplace, Medicaid Managed Care, and Children's Health Insurance Program (CHIP). Apply ethical considerations while working as a CHW. Respond to clients in culturally effective ways.



DAY 3:

Presentation Skills & Communication and Interviewing Skills

Gain the necessary skills to provide information to members of your community in the form of formal and semi-formal presentations. You will be able to inform, persuade and motivate your audience. Communicate effectively with diverse individuals and groups in a variety of community and service provider settings while gaining interpersonal skills.

DAY 4:

Community Assessment Skills

Advocacy, Leadership and Empowerment Skills

Demonstrate individual, client, and community assessment skills. You will learn how to educate and promote health behavior changes and offer concepts and approaches to living a healthy life. Learn to advocate, lead, and empower your clients through community capacity building techniques

DAY 5:

Chronic Disease Management and Oral Health

Gain knowledge in diabetes management, asthma, heart disease and cancer to effectively assist your community in identifying risk factors as well as managing current conditions. Describe the importance of oral health and discuss ways of keeping teeth healthy.

DAY 6:

Mental Health, Substance Abuse, Domestic Violence, and Care Coordination

Identify basic symptoms and signs of mental health conditions, such as depression, anxiety, substance abuse and mood disorders. Explain the process of addiction, screening methods, and resources for recovery. Review types and cycle of domestic violence abuse and discuss related resources. Explore strategies for coordinating patient care.

DAY 7:

The Environment and Prevention and Wellness

Discuss how the outside environment, and the environment in the home, school, and work affects your community. Describe the importance of oral health and discuss ways of keeping teeth healthy. Recognize the organizations in your local community and how they can help your clients prevent and reduce current health conditions.

A graduation ceremony will be held upon the completion of the 7 day training

To register online please visit www.snhahec.org under
"upcoming events"

*For more information, please contact Gina Savinelli
at 603-895-1514x2*