

Implementing Asthma Action Plans

A close-up, slightly blurred photograph of a young child's face as they use an inhaler. The child's eyes are closed, and their mouth is open around the device. The background is a soft, out-of-focus light blue and white.

Asthma Action Plans are a useful tool in the management of asthma. This one-hour lunch and learn will focus on the guidelines of asthma management, the basics of an asthma action plan, and peak flow meters.

Learning Objectives

- Identify the components of an Asthma Action Plan for patients with persistent asthma
- Explain the need for Asthma Action plans for patients with persistent asthma
- Discuss strategies for collaboration between health providers, community partners, and school nurses to improve systems and services for those with persistent asthma
- Strategize how to incorporate the AAP into electronic health records

Target Audience

Pediatricians, family practice physicians, nurse practitioners, nurses, school nurses, physician assistants, asthma educators, Certified Health Education Specialists (CHES), medical assistants, respiratory therapists, peer educators, and others interested in asthma care and management

To schedule this one-hour lunch and learn at your practice, please contact Christina at cpatenaude@snhahec.org or (603) 895-1514 x3

Continuing Education

Nursing

The Southern New Hampshire Area Health Education Center is an approved provider of continuing nursing education by the New Hampshire Nurses' Association Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 1 contact hours. Activity Number: 1074

Physicians

The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certified Health Education Specialists

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