

# COACHING AND SUPERVISION

Supervisors and managers can gain the skills to support better communication and lay the foundation for strengthening relationships with staff.



Through skill-based training, supervisors learn to:

- Support**  
Support staff while also holding them accountable
- Build**  
Build constructive, positive relationships
- Respect**  
Show respect with staff
- Help**  
Help staff be:
  - Better communicators
  - Stronger problem solvers
- Give**  
Give quality care

**Let us know if you are interested in setting up a workshop for your organization.**

**Email Paula Smith if you are interested in offering the workshop at [psmith@snaheec.org](mailto:psmith@snaheec.org)**



**This training is a unique approach to ending a damaging cycle that often leads to poor relationships, high turnover, and supervisor strain.**

## Format

This two day training can be either face to face or offered remotely. Each day of training is 8 hours.

## Introductory Training

This training introduces participants to the coaching approach to supervision and teaches four fundamental coaching skills: Active Listening, self-Management, Self-Awareness, and Presenting the Problem.